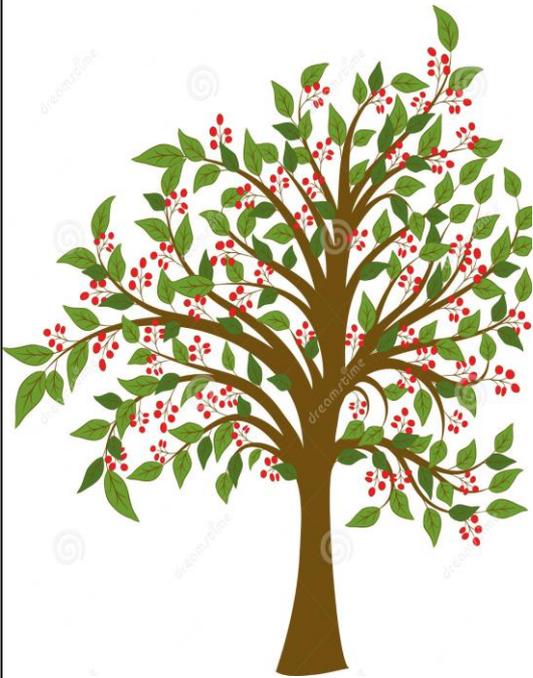


Mental Health Chaplaincy in Cambridgeshire, Fenland and Peterborough

we believe in people and care for the human spirit



Kindness is . . .

Kindness is something that is generated by an intellectual and emotional understanding that self-interest and the interests of others are bound together and that it is based on the Old English noun 'cynd' which became 'kind'-meaning 'kin'.

OURS IS A CREATIVE INDUSTRY

*“Dare to think of the work as a psychosocial enterprise involving human relationship, emotion and the capacity to think about and care for others. . .[and] hold the focus on what helps healthcare staff use their own personal and collective resources to face, make sense of and respond to patient experience and need. . .[it is] a creative industry...relationships are not units of production.”(in Intelligent Kindness**)*

Intelligent Kindness

The NHS is fundamentally an act of love. At its heart is the centrality of relationships and at the root of this arrangement is that all citizens are taking responsibility for one another.

John Ballatt & Penelope Campling
 Intelligent Kindness**

Intelligent Kindness is a powerful new approach to healthcare reform. Ballatt and Campling argue in their book that the NHS is a system that invites society to value and attend to its deepest common interests; it is a vital expression of community and one that can improve if society, patients and staff can reconnect to these deeper values. To do so will improve quality and patient experience, as well as morale, effectiveness, efficiency and value for money.

Relentless regulatory and structural NHS reforms have failed to avert scandals and left many health service staff feeling alienated. Even so, these questions remain:

- What do I want from you when you are caring for me?
- What do I want from you, caring for my dad, sister, or friend?
- What do I want from you, my work colleague - alongside, above, or under my own management?

I want what I actually *need* - I need that thing I respond to in a positive and engaging way - kindness: kindness, and paying attention.

This book calls on policymakers, managers, educators and clinical staff to apply and nurture intelligent kindness in the organisation and delivery of care, and offers advice as to what this approach means in practice. Its thinking and its language help inspire, encourage and rekindle in us that sense of vocation we share individually and as a whole organisation.

John
 MH Chaplain

** Intelligent Kindness: reforming the culture of healthcare ISBN-10: 1908020040 | ISBN-13: 978-1908020048

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One act of kindness Remembering Joy Reid ~ peer worker

On 7 June, at the Sanctuary, Cavell Centre, service users, peer support workers and Trust staff met with chaplains, Ros Lane and Mary Hanna to celebrate the life of peer support worker Joy Reid. Joy died suddenly of natural causes.

Ros and Mary held the service at the request of Joy's peers. Her sudden death filled us with dismay and sadness. We needed to meet to share that that sense of loss and also to connect to the lovely spirit which was Joy's.

Joy was not religious but she was deeply spiritual

Joy was not religious but she was deeply spiritual and like most of us, searched for life's purpose at difficult times in her life.

Her ability to confront life's challenges gave her empathy to work with others to find a path to recovery in the face of illness and change. We came together as a community without status or rank and we were enriched and comforted by our sharing.

Sharon Gilfoyle, Peer Employment Project Manager writes: There were the most beautiful words said, a poem and the most incredible music (singing and guitar). Heart breaking but beautiful!

She will be sorely missed. It was lovely to see a collection of such kind and lovely people who attended.

What does your chaplain do?

See the VIDEO ©
Your Chaplaincy Service
[only 9 minutes long]

<http://www.youtube.com/watch?v=ACS35lel17Y>



Midweek Mindfulness

For CPFT staff from anywhere

Chapel Prayer Space, Fulbourn Hospital
Weds 8.15-8.45am

Fresh coffee & a pastry

Details from John 01223 218598
john.nicholson@cpft.nhs.uk

INTO THE LABRYNTH

An afternoon just for you
August 5th in Ely

www.shnlabrynth.eventbrite.co.uk

Your Chaplains in Peterborough & Fenland



Ros Lane
Weds-Fri

01733 776000

Rosalind.Lane@cpft.nhs.uk



Mary Hanna
Mon-Wed

M 07887 655713

Mary.Hanna@cpft.nhs.uk

*We're at the Cavell Centre Sanctuary
fortnightly Sundays @11am too*